



Frequently Asked Questions & Answers About Benefits

Question	Answer
<i>If I elected the Kaiser medical plan, how often can I get a physical covered by Kaiser?</i>	Kaiser covers a physical once every rolling 12 months. For example, if you had a physical on Nov. 1, 2018, you may get another physical Nov. 1, 2019. However; if you had a physical on Jan. 15, 2019, the plan will not cover another physical until Jan. 15, 2020.
<i>What health screening values do I need to provide in my online health assessment questionnaire via Staywell?</i>	You may use health screening values from your physical exam from Nov. 1, 2018 forward to include: BMI, blood pressure, total cholesterol and glucose. Click here for more information.
<i>I am a new employee, when do I enroll in my benefits?</i>	You enroll within 31 days of your date of hire at mycemexbenefits.com .
<i>When does my benefits coverage go into effect?</i>	Coverage for hourly employees (hired in 2019) goes into effect the 1st of the month, following 60 days from the date of hire. You must enroll in your benefits within 31 days of your date of hire.
<i>Did you know the CEMEX Savings Plan (401(k)) has many investment choices?</i>	The plan provides a variety of investment options, giving you a broad spectrum of investments from which to choose. Visit netbenefits.com for the full list of investments or call Fidelity at 866-472-3639, option 2 to speak with a financial representative.
<i>Did you know that CEMEX offers online will preparation services through Cigna at no cost to you?</i>	Get resources and tools to create state specific legal documents, last will and testament, living will, power of attorney and more. Click here for more information and other available well-being programs.
<i>Did you know that CEMEX offers up to eight in-person and unlimited phone confidential counseling sessions through the Magellan Employee Assistance Program (EAP) at no cost to you?</i>	Trained specialists and professional counselors are available 24/7 to help with: managing stress, depression, marital issues, alcohol or drug dependencies and more. Click here for more information.
<i>Did you know that CEMEX offers money savings educational resources through Fidelity?</i>	Employees enrolled in the CEMEX Savings Plan (401(k)) have access to online tools such as a personal money check-up at Fidelity.com/seemymoneycheckup . Fidelity financial representatives are also available by phone at 866-472-3639, Opt. 2.
<i>Does CEMEX offer resources to help me quit tobacco?</i>	Yes - CEMEX offers quit tobacco resources to all employees whether you are enrolled in the CEMEX medical plan or not. Click here for more information.



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<i>Does CEMEX offer resources to help me lose weight?</i>	Yes- CEMEX offers weight loss resources and more to all employees at no cost to you whether you are enrolled in the CEMEX medical plan or not through StayWell. See attached for more information. (brochure)
<i>Did you know that CEMEX offers a discount program through Beneplace?</i>	Beneplace is a website available to CEMEX employees that offers exclusive discounts on goods and services you use every day through leading retailers. See attached for more information. (brochure)
<i>How do I enroll in benefits?</i>	You have three ways to enroll; 1)online at www.mycemexbenefits.com 2) by MyChoice mobile app 3) by calling 866-472-3639, Opt. 1.
<i>Where can I find information about my benefit options and costs?</i>	You can locate information about your benefit options and costs at www.mycemexbenefits.com or MyChoice mobile app. For questions, call 866-472-3639, Opt. 1 or ask Sofia, your 24/7/365 benefits representative.
<i>If I would like my spouse to call with questions on my benefits, is that possible?</i>	Yes- you can call 866-472-3639, Opt. 1 and indicate you are allowing your spouse access to your benefits information.
<i>Did you know that you can cover your dependent(s) on your benefits?</i>	Go to mycemexbenefits.com to view the list of eligible dependents such as spouses, children, etc. If you add a dependent you need to provide the required dependent verification documents before their coverage begins. For questions, call 866-472-3639, Opt. 1 or ask Sofia, your 24/7/365 benefits representative.
<i>Who can I contact regarding my Benefits?</i>	You can obtain benefit information from the following sources: <ul style="list-style-type: none">• Health and Welfare benefits website at mycemexbenefits.com.• CEMEX Savings Plan (401(k)) benefits website at netbenefits.com.• By phone at the CEMEX HR Service Center at 866-HRCEMEX (866-472-3639) Monday through Friday, 7:00 a.m. to 7:00 p.m. CST.